



# Van Abel's of Hollandtown Gluten Free Items

Oven Roasted Chicken  
(served on a separate plate)

Bean Salad

Corn

Cole Slaw

Cranberries

Broiled Cod

Broiled Pike

Broiled Scallops

Broiled Shrimp

Baked Potato

Rutabagas (Tues - Thurs)

House Salad with the  
following dressings:  
French, Vinegar and Oil

Plain Green Beans

## Short List of NO's

Green Beans with  
Bacon Sauce

Broasted Chicken  
Most Desserts